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## Hypoallergenic Diets for Dogs

### Instructions:

1. Feed only the special diets during the feeding trial.
2. When starting the special diet... mix it with the normal food for 4-5 days, gradually increasing the percentage of new (hypoallergenic) food.
3. Dietary trials should be at least 12 weeks in duration.
4. During the trial, **DO NOT FEED:**
  - a. Dog treats, such as Milk Bones
  - b. Flavored medications of any kind, including flavored (chewable) heartworm medications or vitamins. (Switch to topical or non-flavored heartworm preventatives)
  - c. People food, including table scraps, candy, ice cream, popcorn, etc...
  - d. Rawhide chew treats or pigs ear/feet/hoooves.
5. A positive result is characterized as:
  - a. Reduction in itchiness by at least 50%
  - b. Failure of complicating conditions (e.g, skin infections, ear infections) to recur after the diet has been given for at least 12 weeks.
6. Oral medications may be given in marshmallows, fruit roll-ups, or by hand pilling. Do NOT use peanut butter, cheeses, candies, meat of any kind (e.g., bologna), or any other food without permission!

### Acceptable Diets:

(\*available in canned also)

#### *Hydrolysate Diets:*

- o Hills z/d diet
- o Purina HA
- o Royal Canin Hypoallergenic HP

#### Novel Protein Diets:

- o Eukanuba Response Formula FP (fish and potato)\*
- o Eukanuba Response Formula KO (kangaroo and oats)
- o Royal Canin/IVD (potato & venison, duck, whitefish, rabbit, lamb)\*
- o Royal Canin/IVD vegetarian\*
- o Hills Prescription Diet d/d (egg and rice)
- o Hills Prescription Diet d/d (potato & venison, salmon, duck)\*

**Note:** Commercial diets are frequently labeled in a manner to suggest that they contain novel proteins as the sole protein source in the food. Labels should be carefully examined for ingredients to be avoided, such as dried skimmed milk, dried whey, beef or beef by-products, poultry by-products or poultry meal, wheat, and corn.

#### Acceptable Treats:

1. Try to avoid treats, but if you MUST... give hypoallergenic treats or only one treat type approved by your vet!
2. One option: feed dry fruit (available at many grocery stores), such as dried bananas; marshmallows; potato cubes.
3. Some dogs will perceive the "new" food as a treat, if it is kept in the treat jar or box.